

Treatment options for pancreatic cancer patients.

Standard Treatments

- ◆ Surgery
- ◆ Chemotherapy
- ◆ Radiation

Clinical Trial Treatments

- ◆ Immunotherapy
- ◆ Targeted Therapy.

Other Treatment options

- ◆ Precision Medicine
- ◆ Managing symptoms
- ◆ Integrative, Complementary or Alternative Treatment



Need more information?

Visit the following sites:

- ◆ Mayo Clinic. Website: [Pancreatic cancer - Symptoms and causes - Mayo Clinic](#)
- ◆ Pancreatic Cancer Action Network. Website: [Types of Pancreatic Cancer Treatment - Pancreatic Cancer Action Network \(pancan.org\)](#)
- ◆ The Sol Goldman Pancreatic Cancer Research Centre. Website: [The Sol Goldman Pancreatic Cancer Research Center - Pancreatic Cancer | Johns Hopkins Pathology \(jhu.edu\)](#)

Find support here:

- ◆ National Pancreatic Cancer Foundation. Website: [National Pancreatic Cancer Foundation | Unwavering Support \(npcf.us\)](#)
- ◆ The National Pancreas Foundation. Website: [Pancreatic Cancer Centers - The National Pancreas Foundation](#)

Designed and produced by The American Cancer society.

Call us on: 1-800-227-2345

Website: www.cancer.org



Pancreatic Cancer

(Informational Brochure)

Preventing progression of Pancreatic Cancer.

- ◆ Quit smoking
- ◆ Achieve and maintain a healthy weight
- ◆ Adopt a health diet
- ◆ Regularly exercise

Living positively as a pancreatic cancer survivor

- ◆ Follow-up treatment and care
- ◆ Follow doctor' appointments
- ◆ Sign up in a survivor care plan
- ◆ Keep copies of health records and insurance documents.



What are the causes of Pancreatic Cancer?

- ◆ It is not clear what causes pancreatic cancer, however, scientists have identified certain risk factors that increase the risk of pancreatic cancer, including smoking and inherited genetic problems.

Did you know

Pancreatic Cancer is the third leading type of cancer in America?

Possible complications

- ◆ Loss of weight
- ◆ Jaundice
- ◆ Extreme abdominal pain
- ◆ Bowel obstruction



What is Pancreatic Cancer?

It is a progressive growth of cancerous cells and tumors in the pancreas. The most common type of pancreatic cancer begins in the duct carrying enzymes out of the pancreas. Pancreatic cancer is hard to detect in its initial stage as symptoms appear in late stages.

Signs and Symptoms

- ◆ Abdominal pains
- ◆ Loss of appetite
- ◆ Unexplained weight loss
- ◆ Yellowing of skin and eyes (jaundice)
- ◆ Diabetes

Risk factors

- ◆ Smoking
- ◆ Alcohol
- ◆ Diabetes
- ◆ Obesity
- ◆ Older age (above 65)
- ◆ Family history of Pancreatic Cancer